



Ultimate Guide to Human Energy Fields

Discover How Using Bionetic Science Can Accelerate
Practice Success and Client Health



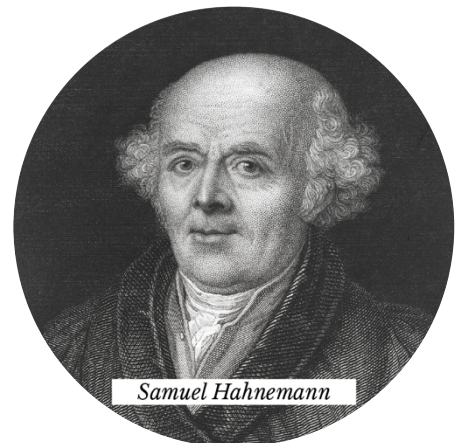
NEWhuman™

PART I: Understanding Human Energy Fields

Understanding human energy systems and their influence on health and illness have gained enormous attention in today's whole-health and mind/body circles. At center stage, the science of Bionetics™ is emerging as the foundation for understanding the ins and outs of the integration of biophysical, bioenergetic, and biofield information due to its capacity to interact with the biofield and its links with the body/mind aspects of the brain. This emerging science correlates with ancient energy-based health practices such as Acupuncture and Ayurvedic Chakra Energy within the body. Join us on a fascinating learning journey into the merging of old and new. Bionetics proves the body's subtle energy has unique characteristics, which are coming to light in a new way.



Bio (body) netics (energy networks) is the joining place where dynamic and important interactions can be seen and measured. The inner workings of the body/mind come together and, for the first time in a usable manner, provide a new type of generative feedback that can be used to build the client's awareness of their deepest inner workings. The value of this is unprecedented because part of the internal energy is created from deep within the body's resources of the unconscious mind. One of the first doctors to understand this interaction was Samuel Hahnemann. In the late 1800s, he discovered homeopathy as a treatment therapy for wellbeing, and in the process of treating the sick, he recognized that the unconscious is a great inner force that, if it's at peace, his patients were at peace; if not, they became sick. He called this energy "the vital force" and gave it great respect stating that it should not be disturbed or illness would result. His use of homeopathy (inner path) has been successful for many reasons, but primarily he discovered that the unconscious mind is reachable using natural methods. He also recognized that the disturbance that rumbled up from within directly affected symptoms and health outcomes



Much has been learned in the past two hundred years, but homeopathy is still in its infancy in relation to other ancient health sciences. Bionetics can prove these ancient sciences and homeopathic principles and join them in a modern-day interactive bio-health process that can effectively measure the levels of disruption within the unconscious and its effects within the body systems. Now, using Bionetic Science, dynamic correlations are being formed and accurately assessed. Clients can truly be “seen” for the first time physically, and deep awareness is now available for them in determining their wellness outcomes.

Energy, which is defined as the ability to do work, is a very simple word with many aspects. The same issue is similar to the Eskimo-Aleut language that describes snow in over fifty ways. Energy is easily bantered about, and hopefully, in this paper, some aspects will become clearer to the jewel of energy as a necessity to know more about describing its many nuances, differences, similarities, and how it combines with information and consciousness. We will be skimming the surface in this paper and express these nuances in the best possible way.

BIONETICS = PROVIDES A PATHWAY AND PROCESS FOR ENERGETIC WELL-BEING AND HEALTHFUL LIVING

Bionetics supports the elimination of symptoms through expression rather than suppression.

The latest research in wellbeing circles shows that repression and/or suppression of symptoms (RSS) leads to many chronic diseases. RSS has a severe and debilitating effect that can promote ill health or chronic un-alleviating symptoms. Reversing biological distress caused by RSS is becoming a new type of healing, including the bioenergetic aspects of holistic methods that encourage proactive responsibility in clients' lives (recognizing self-responsibility), which changes the healthcare provider's role from "healer" to coach and counselor.

Although in its infancy, the demand for holistic wellbeing methodologies and client personal awareness is rising. They are tired of being tired, sick, and now scared. If they can gain a new understanding, it supports them on their path to wellness. The answers are found by integrating new insights with aspects of some new sciences (emergent) and ancient's understanding. It is the joining of the East and the West.

EASTERN PHILOSOPHIES AND HEALING

In ancient times, the cycles of the sun, moon, stars, and season changes were believed to bring disruption in people's health. Seasons turning colder or warmer were considered "ill winds of energy" that can cause a change in the body's responses. Noxious weather could be seen as a problem for keeping warm and feeling safe. The inner force (life flow) such as Qi or even with other names: Ki, Prana, Chakra, or Chl all discussed the same issue- man's relationship with higher power via energy vortices in the body, or energy transmission through meridian pathway lines underneath the skin. The energy beneath the body's surface is well known in ancient times, but it is new in modern days. The modern-day correlations seem to mimic quantum physics principles of waves/particle dualities- energy with two types of expression. This expression manifests in the body much like the tide is part of the ebb and flow of the seas or oceans. The same correlates within the body.

Over the centuries, observations uncovered unique information regarding the cycles within the human body; resulting in health sciences such as Ayurveda and Chinese Medicine; additionally, the investigation of metaphysics (mind-body correlations) begun in the past century in Europe culminated in the birth of esoteric sciences. The Chinese discovered that they could activate points on the human body with a small needle tip, and specific pains could be stopped, or another symptom was alleviated just by inserting a needle in one particular place or several in related locations. These acupoints are connected to channels of energy (meridian pathways) that carry Chi, or the Life Force, based on their teachings.



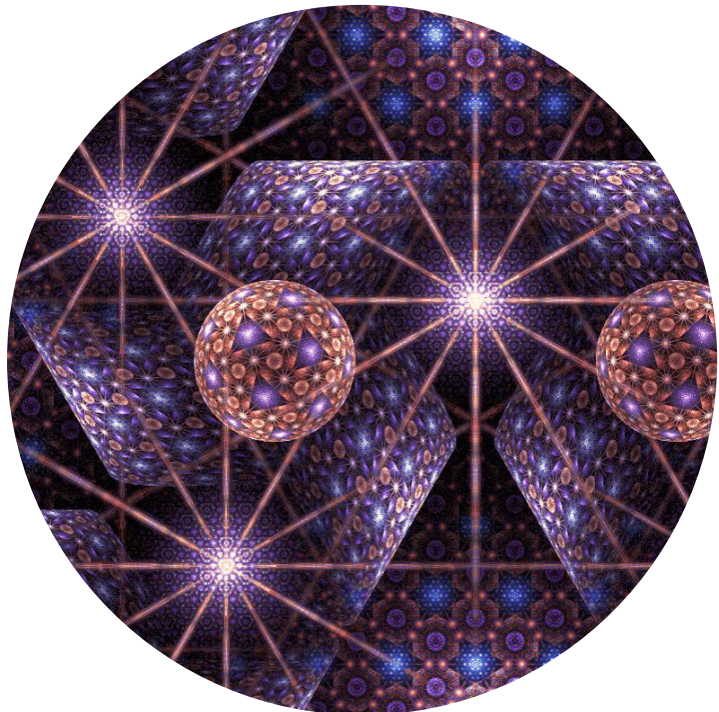
Disruptions within the Life Force have been thought to cause illness in The Chinese Model of Medicine (TCM). Also, through intensive observation, over the centuries, each meridian's energy has been linked to a specific organ's overall function. The Qi energy has been found to carry active state energy (yang) and passive state energy or accepting nature (yin). They discovered that it is a type of dual-state energy within one energy flow. There is supporting data regarding the nature of yang and yin as being part of the whole. This concept of dual energy matches the wave/particle duality within quantum energy. The fact that 'energy' has both an active and passive state (similar to poles of action) shows a strong correlation between ancient awareness and quantum physics. They are talking about the same thing. The power of the energy flow is essential. In TCM, when the flow of energy is stopped, like when a dam blocks a river, it weakens the health of the adjacent areas due to losses of not only energy exchanges but also builds toxicity. Ilya Progine, a Nobel Laureate, stated: "Flow of energy is vital for health." He goes on to explain the loss of flow is equivalent to disease. In biochemistry, every reaction requires the movement of an electron. Biochemistry relies on the movement of electrons as they exchange energy between one or two molecules thousands of times within the body. The electrons are necessary for biochemical reactions, as well as the bodily functions to detoxify or metabolize.

Energy systems aren't just physically important. The Hindus found that by toning a particular sound (frequency), they can create a general feeling of well-being.

The Japanese and Koreans concluded that there is a type of energy within the human body that carries a "life force." The energy force within (for them) is called Ki. The Japanese have their own type of energy pattern flow within the body. Still, in every case of the TCM, Ayurveda, or Japanese Acupuncture, the systems exist as an offering of an unclassified type of energy that, with their use, healers have made the balancing of these energies part of the healing modes that they incorporate.

All Eastern thought sees life requiring a vital, dynamic energy that emanates from within humankind and provides an interface to the world outside.

Bioenergy (a modern Bionetics term) is different from the energy of the nervous system. It lies deep within each cell and permeates the body overall- interleaving with every body's cell structure. Aspects of this energy system, or various types of energy systems, (biochemical) cellular, tissue, or fluids are controlled by the flow of energy as electrons pulse through the body. As they flow, they create a current microcurrent needed to provide biophysical life and energy conversion from foods, water, and sunlight. The body's energy can include the muscles' ability to do work and keep the brain alive. Some molecules, such as glucose, are highly caloric, and the body can convert calories to energy as it processes the foods we eat. No matter what, we cannot escape the need to have air, water, oxygen, nutrients, and fuel for the body and brain to function. This energy that is created also goes beyond the cells but includes the power of energy transmission and detoxification. Energy in the form of thoughts and feelings can be charged enough to overload a body system through the power of extreme emotions. Energy also has an inside/outside correlation that may extend beyond the physical body itself. The Hindus believe in a chakra system (seven basic wheels of energy) that spin much like a vortex hovering over the body, with the tip of the vortex pushing its way into the body's deep tissues and interacting with the body cytoskeleton and cerebrospinal fluids. They believe that these vortex systems help us interact with the outer energies from the stars and planets.



In every case, based on observation and centuries of practice, the pervading issue in Eastern Medical thought is that the flow of energy is responsible for the state of wellbeing. Energy flow is designed to provide healing, is self-regulating, cyclical, malleable, and influenced in positive and negative ways. The internal dynamics of what we think and feel about ourselves, our interactions with others, and the negative situations we experience it can become excessive and eventually deleterious.



Since the body is directly influenced by our thoughts, feelings, emotions, and external environments, these situations hold the keys to being well and happy, or they can set the stage for the imbalances of toxicity, illness, and dissatisfaction. Because these influences are also “energetic in nature” – not just chemical – the nature of the body and mind must be in a critical balance. The mind can influence biochemical processes. Biochemistry can change the brain. Candace Pert, who supported work for other Nobel Prizes in biochemistry, found the power of metabolic enzymes is created by the power of emotions. Thought can become a chemical– one that activates the body.

Strong emotions can influence body systems, organs, and glands. If too much energy is applied (forces like anger, rage, or deep upset trigger a deep emotion), it can disturb the inner harmony (inner energy). The body may experience a deep trigger effect (DTE) that could activate a biological defense mechanism to short up a situation or to make “radical changes” immediately to adapt and survive. Daily stress can also interfere with daily rhythms, so our lifestyle and emotional stresses become influencers in our life satisfaction and well-being. Being out of balance for too long (DTE) changes biology. There are collateral systems in place to “fix or modify” these reactions or responses. Still, they have limits. Self-regulation and self-righting (the process of recovery) require a specific set of circumstances to be activated once the stress event or trauma is complete, and the situation is over. If given the proper support, the body/mind/emotional balance can recover to the original state. Recovering or regaining and restoring balance is known as the

recovery of homeostasis. Yet, true health requires a more profound resiliency. It begs the question: why did we react or respond to the “trigger” in the first place? How deep is deep, and what symptoms does each kind of DTE generate? The answers to these questions are the key to understanding how illness occurs and why not all natural approaches to recovery work. The human and personal dynamic is responsible for the person’s well-being, including the psyche/brain/nervous system correlations within each of them. Everyone is unique, and although we are generally the same, our uniqueness is the key to our health and wellbeing.

However, the body is designed to “go with the flow” and “take the punches” (being homeodynamic or resilient) is the key to our wellbeing.

If the body/mind/psyche gets out of sync, then the inner systems may or may not have the ability to right themselves back up to vertical. The ability to fully recover can be compromised for many reasons (to be discussed in future writings), but many organs act as energy shock-absorbers and release junctions. If energy cannot ultimately flow or gets “stuck,” it will begin to heat up. In Chinese medicine, it is called stasis, or heat rising. When prolonged, it will be the genesis of pain. If left uncorrected, the illness will result, and eventually, possibly even death. Repair or healing is based on understanding what is “beneath the surface cause” and uncovering the inner challenges rather than focusing on the results or symptoms. Bionetics focuses on the cause(s) beneath the surface. Healing awareness becomes a matter of realizing the imprint of the Psyche in the human organism. The Psyche directs the energy.

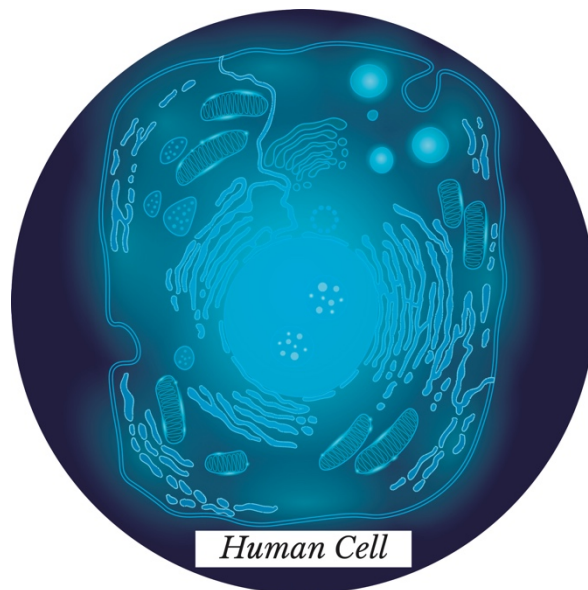
This energy (even electrons) is seen as being intelligent or “ordered” (following specific laws and rules). Energy directs energetic channels such as cellular matrix and acupuncture meridians but is influenced by a natural system of checks and balances with complex relationships. New studies are emerging linking thoughts and intelligence to bits of information. The world is not ready for this information, but the digital world is upon us. Also, they have proven that the mind can control the outcome of digital data results.

Long-term research has proven that intention can control many outcomes in life, in research, and in technology. A long-term research study at Princeton University, the PEAR project, demonstrated that conscious thoughts and intentions influence REG computer data outcomes. In simple tests, the influencer just thinks the word positive, and the numbers will become greater than random data. If the influencer thinks “less” or negative numbers, the result is the same: lowered data totals. The power of the mind could well lead to well-being, but the direction is not being focused there in medicine which is only looking at the chemistry, not the energy needed to make the chemistry work. No biochemical reaction can be created without an electron. Body electricity is similar to charging your cell phone. To have an adequate charge then the body can accomplish what it needs to do at the cellular level.

FOCUS OF WESTERN THOUGHT

Western Medical Science has not followed the flow of energy. Doctors believe that being alive is solely limited to actual brain function. When the brain stops working, the person is dead. There is no place for life force in the science of Western medicine, nor do they research bioenergy or the power of the life force and healing. Also, scientists have been analyzing humans based on cellular activities or more minor actions related to the minuscule strands of DNA found within every living cell. Western research believes that the solution will be found within the genome, cellular blueprints, and what was once thought of as an unhealthy lifestyle that leads to obesity, for example, is now often attributed to DNA.

As Western science expands further into the mitochondria – and opening the cellular instruction library set held within – Eastern thought seeks to learn about humankind from studying the times and seasons-flows of energy, cycles, and their influence on the human being.



NOT SO DIFFERENT AFTER ALL?

These two camps seemingly have different agendas, yet they might find that they agree with one another in time.

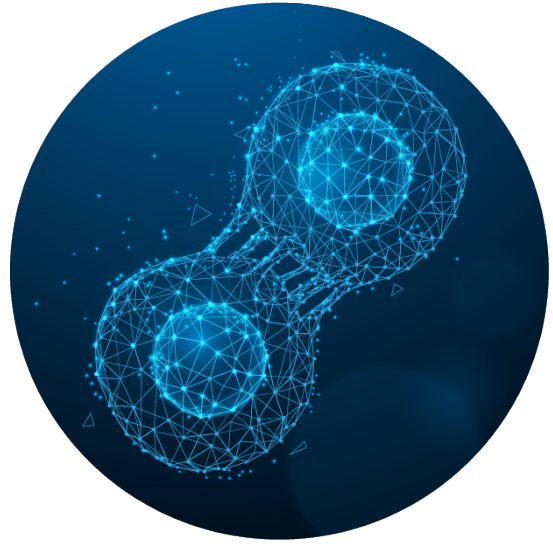
Some farsighted Western scientists have ventured into their cellular studies and found interesting facts that defy all logic. These observations show that there is more to life than meets the eye, and one must look more deeply within to understand the more profound nature of life, living, and healing.

Holistic healing incorporates the concept of the innate intelligence of humankind and the reliance on divine power for healing. Few of us can be so bold as to say that we have the ability to heal, but for all of those interested in holistic health, we realize physicians are merely a vehicle or catalyst that activate the processes necessary for true healing to begin.

Several researchers have discovered powerful concepts that create the foundation for potential modes of action of the body's innate intelligence and healing forces when combined as a new unified medicine. These early pioneers of Western science may be breaking ground that will ultimately provide a successful bridge between the East and the West and ultimately create a foundation for holistic healing.

DISCOVERIES FROM WESTERN RESEARCH

- Bruce Lipton, a cellular biologist, has discovered that the cell will still reproduce without DNA and has unequivocally shown that the "intelligence" of the cell is not the DNA. This is profound because Westerners have been taught to believe that the DNA contains the organism's intelligence, and if the organism cannot function properly, the DNA is to blame. Dr. Lipton has effectively shown that the organism's intelligence lies beyond the DNA and that some other mechanism activates the DNA. This mechanism holds the key to regulating life within the cell and interacting with the cells themselves.
- Dr. Fritz A. Popp, Ph. D., has discovered that each dying cell emits a blast of photonic light that illuminates the new cell replacing the old cell. This light is most likely required as a DNA activator emitting the nature of intelligence and transferring the necessary information holographically into the new cell.
- Ilya Prigogine, a two-time Nobel Prize Laureate, discovered cells could combine or recombine into a much higher order than their base state instead of being entropically affected by metabolism. In fact, the activating mechanism for opening these cells into a newly raised level of operation is unknown. This is a profound discovery owing to the idea that organisms can be self-regulating and homeodynamic. In healing, this principle could easily be seen as a step toward recovery, and in Prigogine's own words, this is a "spontaneous" action. Also, in further discussions, he stated, "Essential flow of energy [within the human system] is necessary for health, and that any disruption to that flow is the cause of disease."
- Dr. Beverly Rubik, Ph.D., has found that nurses can affect a type of healing just by placing their hands on a patient *with the intent to bring healing*. This effect is called healing touch, and the interaction in the body is what she is terming biofield intervention; it provides incredible insight into the power of subtle energetic influences on the physical and emotional well-being of patients, particularly when the action is supported by the intent of the nurse to bring healing to the patient.
- Dr. Barbara B. Brown, a US Veterans Administration medical researcher, has found that the skin holds the ability to "communicate" with us. This skin talk is in direct communication with the brain. Over twenty-five years of dedicated research with her devoted team of experts, she has effectively demonstrated that the human body's intelligence includes skin covering. The skin can be used as an interface with the brain.
- Dr. Bjorn Nordström concluded that there must be a contiguous bioelectric circuit within tissues, or there will be ill health. He has found that this energy connection, when broken, leads to cancers and other health issues. He has documented hundreds of cancer cases



and their actual loss of cellular conductivity as a critical factor in the diagnosis or pre-diagnosis of this medical condition. The loss of electrical conductivity eventually leads to death. He terms it biologically closed electrical circuits. BCEC.

- Dr. Shui Yin Lo has found a solid biophysics basis for acupuncture and that the nature of the electromagnetics of the body is a crucial component to health. His research provides the foundation of energy flow in the meridians and documents how the energy channels can carry information.
- Dr. Reinhold Voll, a German physician, investigated ways of measuring electrical energy flowing through acupuncture meridian pathways. He developed a device (the "Dermatron"), which he used to monitor many acupuncture points on his patients' bodies. Healthy patients had one type of reading on a specific acupuncture point, while chronically ill patients had a different reading on the same correlating point. Voll's research on meridian acupoint testing and comparative blood chemistry analyses revealed that disease processes could be assessed pre-clinically and predictably through certain stress readings. Eventually, he developed a set of test procedures called "electrodiagnosis," based on years of data collection and research. As his work gained acceptance, the technique became known as "Electroacupuncture according to Voll" or EAV.



- Dr. Hans Selye studied stress and the organism for years and published over 1400 articles about the stress response. It has been proven through his research that stress is a critical factor that impacts health. Additional studies have shown that distress can alter these energy fields of the body. Long-term studies by Barbara B. Brown validated Selye's work. Stress diminishes the life force. In her book *Between Health and Illness*, she explains her findings- that stress can cause a true loss of body energy.
- Dr. S. Hahnemann, a German physician, discovered that a person could only have symptoms from one disease at a time. This observation then spawned more research regarding the healing properties of the human body and its ability to muster the energy to create a symptom. This symptom is a healing response, not an indicator of disease. Disease, he found, was the absence of the body's ability to create a symptom of expression. If the body cannot express a release of toxins or poisons, those toxins will become the cause of illness later. Hahnemann found that if he diluted a poison, he could activate a "healing response" to aid the body in its total elimination of an illness. Many poisons held the answers to healing by micro-dosing. In fact, Hahnemann found that the "energy" of the medicine was often enough- there didn't need to be any poison in the tincture to activate a healing response. It can now be considered a type of informative medicine using vibration rather than biochemistry (Vibrational Medicine).

Western energetic health research combines input from biophysicists, orthomolecular physicians, holistic doctors, and body-mind professionals from biofeedback, psychology, behavioral medicine, and chiropractic. All their efforts provide new insights into the power of bioenergy and its ability to influence our lives and maintain our health and well-being.

In time, in the Western world, we may come to understand and fully adopt many of the ancient principles gleaned from thousands of years of observation. Bionetics is proving out many of those theories, and more supporting data are being discovered daily. We are on the horizon of our understanding of bioenergetic theory. To the degree that we no longer believe that the energetic world of the body is 'flat' and there are many who fill their roles as modern-day energy mariners charting untraveled waters rounding out our learning; discovering that the subtle forces in the universe have as much power as the strong forces.

BIOENERGY DEFINED

Bioenergy, also known as the biofield (Rubrik), has many unique characteristics.

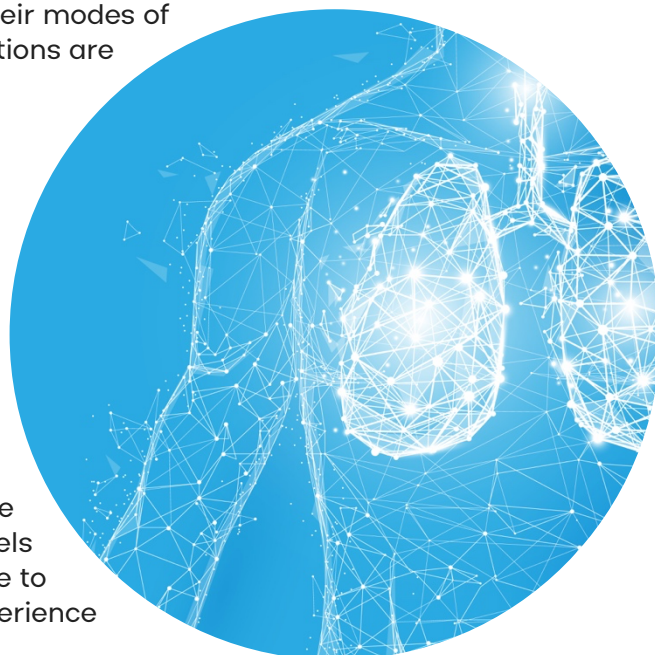
Bio (meaning body) and energy or life force energy have more influence than we can grasp. Many researchers are expanding our understanding of the biofield and are showing us the bits and pieces of a much larger biosystem, a system that is more than the nervous system, pervades our senses, and allows us to use more than our mouths to communicate with our world.

For example, connective tissue has been found to create a type of repository. This repository, along with micro layerings of tissues and fluids, transport ionic minerals and change cellular potentials in a complex and unique way that orders the body overall. You might think of the body as a vessel carrying this information, storing data, and governing the body beyond the nervous system.

Bioenergy is a body system that is full of life, order, and regulation. Although the principles have been observed for thousands of years and their modes of healing have been used for centuries, the explanations are still in their infancy.

The bioenergies include bioelectrical information, electromagnetic energy, and bio-informational data. It also includes frequencies, capacitance, conduction of electrical flow, and photometric and vibration information. Many of these fields mimic the fields known in quantum physics and follow many of the newly discovered theorems of quantum physics.

Although each scientist or researcher has discovered a new aspect of these energy fields, the ability to quantify and categorize each of the models has been difficult. There are languaging issues due to the newness of the data and lack of complete experience



in making these energies real, given our conventional Western viewpoint. While solid research has yet to be thoroughly conducted, patients benefit from Bionetics in practical applications with their practitioners in clinics worldwide.

This research is on the cusp of Western acknowledgment. Still, the fact remains that no matter what it is called—bioenergetics, morphogenetic fields, vibrational interventions, bioresonance therapy (BRT), thought field therapy (TFT), or psychoneuroimmunology, more research is adding to these theories and validating these unseen forces, ratifying their overall influence in our daily lives. Links between health and illness are being identified daily, and the new science of Bionetics emerges to blend these discoveries.

BIONETICS IN ACTION TODAY

Regardless of its Western critics, devout followers of energetic health are increasing in number. Many health professionals utilize bioenergy in their practices and integrate the concepts of holism and vitality into their protocols. The demand for the reformation of the Western medical system has been brought on, in part, by special interest groups who promote illness and symptom reduction in that it saves thousands of dollars compared to existing medical interventions that often maintain (or worsen) illness.

Growing numbers of consumers actively seek alternative healthcare options and pay out of pocket for those services, creating a multibillion-dollar industry termed the “Wellness Revolution.” Insurance companies are now expanding their coverage to include preventative and lifestyle changes such as counseling, stress reduction, massage, biofeedback, and educational courses to encourage overall health. They are looking for holistic services to offset their losses in major medical and chronic care’s rising costs.

Increasingly, more health professionals are adopting Bionetic principles in their work. They realize that answers to many chronic and complex illnesses can best be found within the information from emerging bioenergy sciences, combining ancient wisdom and modern technology into a model for vitality and health.

And, ultimately, to help their clients reach their full human potential.

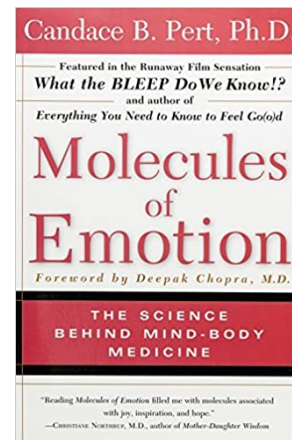
PART II: Molecules Of Emotion- There is Biological Meaning

The molecules of the messengers within the body are thoroughly studied by modern science.

This includes unique nodes of energy found in acupuncture meridians and the mesenchymal tissue, which forms a continuously interconnected, conductive, electronic network referred to in Bionetics as the biomatrix. It carries the metabolized experience of life. It is also known as the Quantum Tissue Matrix.

Spencer Woolley explained it further: *"This matrix of connective tissue is tied to the duo inverse etheric of itself, holographically represented by the acupuncture meridian system. This part of our body is energetic and is comprised of energy and matter of a unique form--orbitally rearranged monatomic elements in a high spin state. This form of matter is purified, or more refined, and is a superconductor able to create Josephson junctions and Meisner fields. It has the capacity of exchange of energy and information independent of time and space."*

The interaction of the bioenergetic/etheric with the biochemical materialism makes up who we are. It is a type of recording system. Candace Pert, Ph.D., whose initial discovery led to a Nobel Prize in biochemistry, discusses the mind's mechanisms and power to create, control, and activate biochemical changes (messengers) within the human body. Her book, *Molecules of Emotion*, opened the way for the human body to include a working mind flowing within the other "fluids" of blood and water. The joining of body and mind as an interactive and complex system of emotions, mind, body, and spirit has now literally been proven.



WHAT HUMANS ARE MADE OF

The body, therefore, can be conceptualized as two systems. One, our physical body, is made of mechanistic biochemical/cytoplasmic reactions that follow Newtonian physics. The other aspect of ourselves is waves, particles, information, and energy tied to life force and vitalism that follow quantum physics and mechanics of meridian pathways and even chakras.

Both systems are ultimately created from the non-material intelligence of what biophysicists call the unified field, which interfaces with each person's biofield. It's the same topic of discussing the human chakra system and universal or cosmic intelligence—only the words are different. We actually interface with the cosmos.



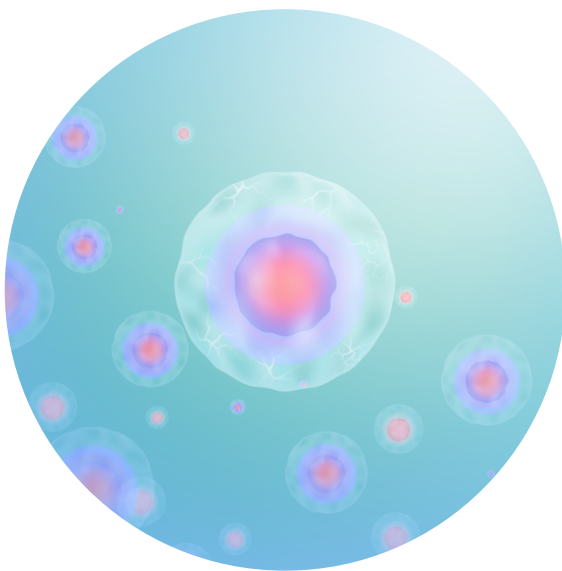
So, the essence of your deeper, *real* you is "spirit." You are a spiritual being having a physical experience. You contain a field of awareness that interacts with itself and becomes what we perceive as the mind/body. As Proverbs states, "As a man thinketh, so is he." You are consciousness and intelligence that conceives, governs, and constructs. You become your biology.

GOOD VIBRATIONS = GREAT HEALTH

Each component of the physical organism is immersed in and generates a constant stream of vibratory information. This information is all about what is happening in your body—the circulation of auxiliary pathways of the mesenchymal tissue throughout the body matrix. Complete health and wellness correspond to the total coherence, connectedness, and communication of that vibratory stream of consciousness, information, and intelligence.

Psychoneuroimmunology and Bionetics are the studies of that coherence, connectedness, and communication. The observation is done through new applications of an early methodology called "biofeedback." Upon its foundations, New Human's SpectraVision technology allows us to eavesdrop on the body's vibratory stream and listen to what is being said throughout this web. New life science has been born.

NOT JUST BAGS OF CHEMICALS OR SOLUTIONS



Accumulated in the body's cells are all the stressors that impede and impair the communication mentioned above: cellular memories, insults, injuries, traumas, or toxicities. Cells are not just "bags of solutions" or molecules of chemicals, enzymes, and proteins floating about within a cytoplasmic soup. Our cells connect in a supramolecular matrix with the whole assembly attached to every nook and cranny of the body in a sophisticated web of intricacy and complexity.

This supramolecular, interconnected matrix forms a living bionetic network of electrical semiconductors on a physical level that produces energy fields that play vital roles in regulating the body's structure, function, and delivery systems.

DISCOVERIES IN CELLULAR COMMUNICATION

Albert Szent-Györgyi, the Nobel Prize recipient of 1937 who also discovered vitamin C, discovered one of the methods of communication and distribution of energy and information. He determined that water is physically organized and has order and coherence in and around cells that serve as a separate communication channel. The collagen fibrils and rotation of the water molecules form interfaces with steep electrical gradients. He found that electrons flow through fibers in the tissue and that protons flowed through the water in a process he called "proticity." According to Szent-Györgyi, a breakdown of this electronic communication is the source of all serious diseases.

Fritz Popp discovered a significant part of the regulatory system that is found in the cells themselves.

Living cells store and emit light called photons. These biophotons are “coherent light” found in the DNA of the cell. They carry the energy and information pertinent to cell diversification and function along with a holographic, three-dimensional, genetic blueprint for the whole body.

Coherence is a key factor in this process.

The degenerative disease can result when the coherence of the light is lost and becomes out of phase. Included in the emission of light is a wave packet that contains all the oscillations of metabolized experience—all the cellular memories that have ever been recorded. When a cell dies, the wave packet of light is given off in a flash as an intense pulse. Even though it is an ultraweak signal, it has been measured in vivo and vitro. It is consistent and visible.

Alongside the visible light, Popp found ultraviolet light in our cells. Its function is in cell growth.



When a cell is growing, the emission of light is faster and clearer. A fully-grown cell has the weakest emission of light. When a cell dies, no matter where or when, petri dish or body, it gives off light in every case. Light emitted from cell death has been identified as not solely biochemical. The studies have shown that light is stored beforehand in the DNA, and there is only one wave packet of light to control cell association and communication. Experiments have indicated that, even though ultraweak, the light transmits information faster than any biochemical reaction. The wave packet is key to cellular regeneration and communication. Each cell projects itself into the next regenerating cell like a hologram from a laser.



Above: Dr. Rhinehold Voll Using His Dermatron

Rhinehold Voll discovered a method to measure the flow of electrons along the meridian system used by the body. Using his Dermatron, Voll demonstrated that invaluable information could be found by measuring this aspect of the bionetic system of the body. Loss of communication and loss of energy along these pathways, identified as an indicator drop, contributes to disease and illness. In identifying their relationship to health and wellness, he laid the foundation for the birth of the energy medicine industry.

Bob Becker recognized a dual nervous system composed of the classic neural network, the focus of neurophysiology, and a system made of the connective tissue surrounding the nervous system called the perineurium.

The perineurium has a distinct communication system, setting up a low voltage current called the "current of injury" that controls injury repair. Brainwave oscillations regulate neurophysiology, consciousness, and the nervous system. Acupuncture points and meridians are input channels that regulate the perineural system and tissue repair. The meridian system has a definite relationship to heart wave oscillations and heart rate variability.

Studies have shown that when the brain wave and heart wave patterns are in coherence, learning ability increases, attention span is improved, memory retrieval is enhanced, and creativity is stimulated. All the cells of the body follow suit and match the coherence of the brain and heart. In this circumstance, self-healing can take place.

The points and meridians, along with coherence communication, represent the intent of nature and the cosmic mind. The meridians and acupuncture points function as nodes and terminal stations of the magnificent microprocessing network and information highway of the body. Their intent is injury repair. Coherence and alignment reflect the intended effectiveness of communication and the proper exchange of energy and information.



INTENTION IS BEHIND CREATION

The universe, the world, nature, our bodies, our minds, souls, and spirits all intend to create. Indeed, the intent is a force in nature.

LaMark, a leader in teleology, said to understand nature and biology, one had to understand the intent behind creation.

Our eyes are intended to allow us to see a special section of the electromagnetic spectrum. Intended in that, our bodies provide the means to access information that can be converted to intelligence used in maintaining life. The honeybee's intended view is through a UV filter that allows it to access information about which flowers are the most laden with pollen. The intended use of ultrasonic frequencies by bats is to help them find food in the dark of the night. Whales and dolphins use echolocation to gather information about their underwater world where sound travels much better than light. The infrared used by snakes is unique and gives them the intended insight into the world. The intention of a camel's hump is for sustenance to travel through the desert; wings of a bird- the intention to fly.

Examining the various levels to which the universe can be reduced tells us of the purpose and reason for its creation. Reducing down to the quantum of a substance (the smallest indivisible unit in which a measurement can be emitted or absorbed), all things can be

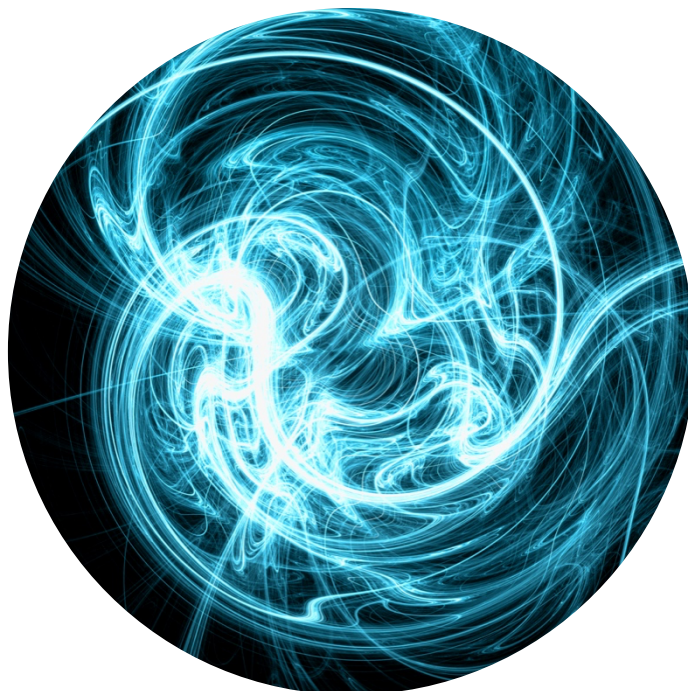
reduced to parts of atoms, which are nothing more than fluctuations of energy carrying unique actions, interactions, and information. In the quantum field, there are various units of measure: the quantic unit of light is a photon; the quantum unit of electricity is an electron; the quantum unit of gravity is the graviton; the quantum unit of the mind/body is a thought. Also, sub-particles now offer the “anti-energy” necessary to form the Yin and Yang attributes in the most diminutive aspects of the quantum universe–the anti-universe.

There are only four forces in the quantum field: electromagnetism, gravity, the strong force (which holds the nucleus of an atom together), and the weak force (which controls subatomic particles). All these forces can interact with electromagnetic forces. Simply put, everything is nothing more than moving light – frequencies, wave patterns, and oscillations. The intention of all of creation is to bring more light and unity.

The book of Genesis tells us, “And God said, “Let there be light!” That was the first and ultimately only intention!

Thoughts are the animating life force of intention. Everything is energy and information. When energy and information feedback onto itself, it becomes more intelligent and consciously aware.

Everything is designed to fulfill the intended measure of its creation. When energy and information feedback on themselves, with intent, they can change the conscious energy field. The thoughts we think become the animating life force behind the data we trap, which becomes intelligence and consciousness when fed back to our clients. The intent is designed to raise awareness.



CONSCIOUSNESS PROVIDES INFINITE POSSIBILITIES

In our access to the quantum soup from the cosmic kitchen, we decode the energy and information with filters based on the experiences that have been metabolized. The filters we use transform information and data into intelligence. Decoding information from a field of infinite possibilities changes energy and information into reality and intelligence. Still, it depends on who's looking, with what instrument they use, and with what intent.

Our decoding becomes a learned response. It is often influenced by cultural or societal "filters," our capacity to process and interpret, and tools with which we look. Intention, information, and intelligence interact. The proper intent combined with information fed back on itself becomes intelligence and creates awareness– the first step in healing. From awareness comes consciousness. Consciousness creates, conceives, constructs, governs,

and becomes. To be is the goal of the conscious activity.

Consciousness is the silent field of infinite possibilities, the potentiality and source of creation and becoming. The mind and intent provide the process; the body is the manifestation and expression of the outcome. Consciousness has been defined as a non-local field of energy and information with self-referral cybernetic feedback loops.

"Man and the soul have been described as the continuum of probability amplitudes of space/time events in a field of infinite possibilities. The multiphasic response recorded by New Human's SpectraVision technology represents the asymmetrical distribution of non-cognitive space/time events; the somatic, adaptive response of metabolized experience is precipitating a three-dimensional, holographic model of memories. We become what we think and what we've adapted to regarding stressors, toxins, insults, and injuries based on our interpretation. We become our biology." S.Woolley.

RELATIONSHIP BETWEEN STRESS, INTENT, AND CONSCIOUSNESS

The basic stress response intends to make us aware and keep us safe and alive. It is based on fear and the preservation of life. The stimulation of our primary stress response, fight-flight-freeze, feeds back through the sensory nervous system, signaling the limbic brain. It is what has allowed us to survive to this point in history by helping us elude our predators. Humankind could not have remained as a species without this response. The stress response is what drives the basics of our limbic system: feeling, fighting, fleeing, and fainting. We have survived as a species because of the stress/fear response. However, it is not designed to be "on" all of the time. New civilization has stressors that activate this mechanism within the body/mind daily. We also have modified our sleep, diets, and work habits. Our advances in civilization come at a price.

And circumstances have changed. We are less and less at risk from the predators of the earth. Indeed, we are now at the top of the food chain and have become the most fearsome predator on earth. We are now capable of mass destruction and species extinction—even our own!



And yet, paradoxically, we are the only species that has developed art, music, poetry, science, and the consciousness to find the purpose behind our existence. It seems we are coming to a watershed moment in time. We can choose one of two paths: destruction or consciousness. We can raise the bar—to choose consciousness—and take wellness and healing with it.

Changes in society have moved us to the next level of stress responses. It is an adaptation of our biological reactions called the "reactive response." It is ego-controlled but still fear-

based with the elevated intention of being liked, noticed, or becoming "number one."

We must now raise our consciousness from restful awareness to learn how to live in the new technology era. In this place, stress responses are eliminated (or at least manageable). As we become conscious and aware, we can open up to all possibilities. We can resolve our past issues by releasing deeply held pain, trauma, and emotions that burden the body. At this level, we function independently of the opinions of others. There is no judgment at this level. It is non-analytical and love-based.

From this awareness, we can elevate to greater aspects of consciousness and become. From eliminating stress, significant energy flows. We become completely open to the field of all possibilities and pure potentiality. We can access creativity, intuition, insight, and vision. We become beings of intelligence and understanding, becoming one, becoming light. We can intend this. It should be our intention.

The intent is everything. It must come from spirit, not ego. It is self-referral. To successfully apply the New Human SpectraVision technology requires that practitioners raise their level of consciousness and awareness with love-based intention and raise the consciousness and awareness of our clients in the process.

The ultimate intention for us all is to raise the bar, become the full measure of our human potential, and help others achieve the same.

PART III: The Evolving Science of Bionetics

For thousands of years, indigenous cultures have seen the human body as an integrated energy system with the innate ability to heal itself. In recent decades, modern-day physicists have uncovered increasing scientific evidence that supports these ancient beliefs.

These energy system concepts refer to similar principles and are called by many names: morphogenetic fields, vibrational medicine, bioresonance, psychoneuroimmunology, and bioenergetics. Others include Biophysical Information Therapy (BIT), promoted by Bodo Kohler, M.D. and Wolfgang Ludwig, M.D. of Germany, and the use of electrodiagnosis by neurologists such as Michael J. Aminoff, M.D.

These visionary concepts comprise the intent of Bionetics science, interacting with the body's operating system, and it is this "life" system that a unique instrument New Human's SpectraVision™ Insight can measure. A very subtle interface has been devised and provides travel into the landscape of the inner life of the human body/mind.

An exponential growth of practitioners (physicians, chiropractors, therapists, nurses, naturopaths, nutritionists, and others) utilize the new concept of technology, painting a picture of the sub-conscious stress, offering an inner awareness, which has come to be an essential component of the expanding field with the merging of holistic and integrative medicine.



The practice of Bionetics can now be supported by extensive scientific documentation and work, even in conventional medicine settings. Western biomedicine routinely examines electrical fields from the heart via electrocardiogram (ECG) and brain via electroencephalogram (EEG) as indices of clinical pathology. Furthermore, contemporary cell biology and biophysics provide evidence that endogenous electromagnetic and other types of fields play active roles in development, tissue repair, and an array of homeodynamic processes.

As a result, increasingly more practitioners are finding answers to questions that can now be answered by widening their array of tools that promote awareness into self-healing components and remove barriers to ensure that self-healing occurs.

BATTLING OUR BIGGEST BARRIER: STRESS

Lee Woolley, DNM, states, "Although stress affects individuals differently, one fact is beyond dispute: stress, especially unresolved long-term stress, is a major contributor to psychological and biological illness. The body's inability to adapt to prolonged stress often

results in compromised immune function, glandular dysfunction, depression, and degenerative disease." The stress effects correlate with how well the body and mind interact and adapt to the ever-changing world of the twenty-first century.

Scientist Hans Selye, M.D., conducted many years of pioneering research on stress. In his book, *The Stress of Life*, Selye refers to the "strain response" and its overall effect on the "chemical composition of the body," resulting in "derailments" of what he calls the "general adaptation syndrome mechanism," which produce "stress diseases."

Researcher Paul Martin, PhD., reports on Dr. Selye's findings:

"Hans Selye discovered that when rats were subjected to severe physical stressors, there were visible changes in their immune tissues. Prolonged stress made the thymus shrivel up, while the adrenal glands swelled."

Ideally, stress on the human body is best addressed before physiological symptoms occur as part of a preventive regime.

THE ELECTROMAGNETIC PROPERTIES OF SKIN

Our skin, the largest organ in the human body, teaches us much about the body's inner workings.

If we take a close look at the skin, we realize the incredible healing mechanism it truly is. With help from the immune system, it can repair itself from cuts, wounds, abrasions, bacteria, and viruses. No wonder the skin has been largely used for decades in biofeedback systems!

In her book titled *New Mind, New Body*, researcher Barbara B. Brown, Ph.D., states:

..."The skin is a body system almost without parallel for its ability to reflect the mental and emotional life of the body. The skin's biofeedback use has been confined to studies of conditioned learning in the laboratory; its extraordinary communication ability is only now beginning to be recognized."

What is more, the electromagnetic and conductive properties of the skin have been recognized and documented by ancient masters and teachers as well as modern scientists. Harold Saxton Burr, in his Blueprint for Immortality, explains, '...There is unequivocal evidence that wherever there is life, there are electrical properties.'"



THE SKIN'S ROLE IN BIONETICS

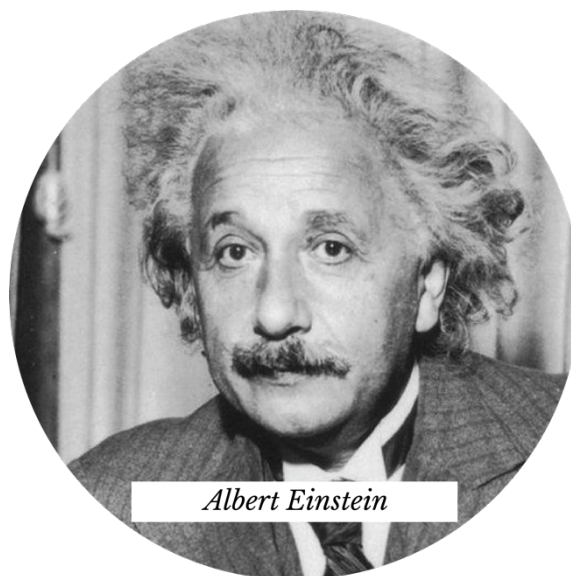
Bionetics acknowledges the significant role the skin plays in revealing the stress resistance within the body's energy system. In a chapter titled "Skin Talk: Conversations with the Subconscious," Dr. Barbara Brown goes on to say:

"If we think regarding the electrical energy that flows in these skin conversations and likens it to the electromagnetic radiations that lay hidden in uranium ore until man needed to listen, we can have some idea of the potential force of the skin to guide expeditions to the furthestmost horizons of man's mind."

Bioenergetic testing, relatively new in the U.S, is undoubtedly a technological breakthrough. Practitioners of computerized bioenergetic testing systems use instruments that measure the body's energy system through acupuncture points on the skin. This process is non-invasive, painless, and highly accurate in identifying the various "energy blocks" that result in imbalances in the body.

Using advanced technology, by tapping into the body's information system in all its dimensions – physical, emotional, and spiritual – Bionetics captures the body's complete energetic blueprint. Unlike the Newtonian and Cartesian thought of separating body, mind, or spirit from one another where the body is viewed as a complex physical machine that requires surgery or pharmaceuticals to "fix" its parts when broken, Bionetics aligns with energy theories put forth through the work of Albert Einstein and quantum awareness of the duality within the deeper nature within us all. There is a proven duality of a unique and beyond comprehension awareness: we are both a particle and a wave. Bionetics reaches beyond the scope of Western medicine and unites ancient wisdom and practices with modern technology, providing a more accurate and comprehensive picture of what the body's information system is telling us and how we can use that information to bring the body back into balance and maintain a state of healthy function.

Once this insight is available, various supportive modalities can be used with clients, such as Chinese medicine, homeopathy, herbs, lasers, vibration, and nutrition for chronic and acute conditions.



BIOFEEDBACK: THE GRANDFATHER OF ENERGY MEDICINE

What has intrigued scientists in recent years is that a definite link between the body and the mind is established using devices that measure physiological functions. Patients can be taught, for example, to lower their heart rate through various processes of affirmations or visualizations. This practice has come to be known as biofeedback.

Its official history dates back to the '60s with the groundbreaking work of J. V. Basmajian (Electromyograph Feedback) and Budzynski and Stoyva, known for their studies on feedback-induced muscle relaxation. Other pioneers, too numerous to mention, contributed to the science of biofeedback as it has come to be recognized today.

Perhaps two of the most famous researchers in the field of biofeedback are Elmer and Alyce Green of the revered Menninger Clinic in Topeka, Kansas. Their wish back in the '70s is well-stated in their definitive work, *Beyond Biofeedback*:

"By the end of this book, we hope, it will seem obvious (or at least highly plausible) that psychology or parapsychology is part of a more general Psychology, that medicine and spiritual healing can be parts of a more general Medicine, and that physics and psychophysics are literally parts of a more general Physics."

The Greens did much to lessen the gap between the opposing worlds of medicine and spirituality through their studies in biofeedback at Menninger and, as their book states, beyond biofeedback. Elmer Green began his research as a physicist and went on to obtain his Ph.D. in biopsychology. Alyce Green was a psychotherapist. Together their vision for human behavior was expansive and empowering. They wrote:

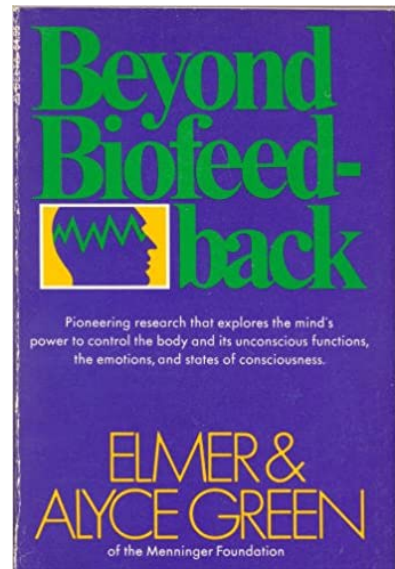
"As we begin to realize that we are not the victims of our genetics, conditioning, and accidents, changes begin to happen in our lives, nature begins to respond to us in a new way, and the things that we visualize, even though unlikely, begin to happen with increasing frequency."

TRUE ENERGY MASTERS: THE ANCIENT ONES

If biofeedback is the grandfather of Bionetics as we have defined it, then certainly the teachings of Chinese, Tibetan, and Ayurvedic medicine represent the wisdom of the ancient ones. These beliefs and practices have led to innovative technologies from which a stream-of-consciousness, flow of discovery, and revolutionary systems have evolved.

Eastern medicine makes no distinction between body and mind, nor does it exclude the element of spirituality. Tibetan physicians recite chants and prayers while treating patients, even today, and herbalists prepare their herbs with mindfulness and reverence.

Energy takes many forms. The meridian system, while invisible to the eye, is known to link all of the body's organs and body systems. At the same time, all the ancient healing practices recognize the breath as the significant carrier of energy. Called chi, ki, and prana, this energy, while not electrical itself, possesses subtle magneto-electrical properties that can be detected. Without breath, we all die; without cellular energy, the body cannot function either.



MODERN APPLICATION AND BEYOND

Dr. Reinhold Voll of Germany experimented with the acupuncture meridians in the late '40s and found them to be access points through which the energy of the meridians could be measured. Upon this foundation and research, the sophisticated computerized electrodermal measuring systems of today base their evolution.

Dr. Bolo Kohler, in his paper titled "Biophysical Information Therapy: The Evolution of Subtle Energy Medicine," emphasizes the link between the meridian system and current biophysical knowledge:

"The information flow in the human body is maintained not only by the vegetative and central nervous system (as well as materially by the blood and lymphatic circulatory systems); rather there is also an informational network, about which orthodox medicine knows little, that is in all likelihood identical with the meridian system."

Once Dr. Voll was able to measure the meridian energy system, he used this premise to access the vitality of the body's organs. He found a way to differentiate the electrical impedance of healthy and sick people by measuring acupoints on the skin. By the end of 1980, Voll's process had become computerized. Known as Electro-Acupuncture according to Voll (EAV), groundbreaking systems such as Reinhard Voll's are now classified as "neo-biofeedback" in the United States.



Many similar devices, including Japanese researcher Dr. Hiroshi Motoyama's AML machine, obtained electrophysiological information by measuring the electrical characteristics of the meridians using bands around the fingers and toes. Although valuable, the information was not able to reach the cause of imbalances. However, these pioneers of bioenergetics prepared the way for what was to become a quantum leap in energetic reactivity testing. Rather than using brain state or muscle relaxation changes, neo-feedback systems are interactive and much more advanced. They paved the way for the inclusion of subtle bio information collection of data in real time.

BIOPHYSICAL INFORMATION THERAPY AND BIORESONANCE

Dr. Bodo Kohler's understanding of Biophysical Information Therapy (BIT) is profound and relevant:

"BIT... proceeds from the assumption that all life processes in an organism are biophysical and are guided by a constant flow of information. This is based on the idea that matter represents just a ...partial aspect of reality (in fact, as a physical constant, only a billionth part.)"

Kohler continues:

"Until the quantum-physical foundations were clarified, the apparent stability of matter had for centuries (mis)led scientists into assuming that the entire universe was subject to absolute mechanical (Newtonian) laws. Regrettably, these linear/mechanical laws were then applied to man as well... It was not until Einstein that this dogma began to waiver."

The discoveries of quantum physics and its understanding of quantum energy changed the way healers saw disease and opened up unlimited options for treating illness. If we can agree on a definition of matter, we certainly will agree that the human body is matter. It then becomes a very short step to reach the conclusions of biophysicist Rupert Sheldrake. In his treatise, Dr. Kohler paraphrases Sheldrake: "According to Sheldrake, the matter is best understood as being no more than a condensation at the interfaces between energy bundles [interacting with the body and mind]."

Such enhanced understanding of matter/mind being uniquely linked led to additional studies. In the late '80s, the Bridgeman Institute in Germany coined the phrase "bioresonance therapy," which works with biological signals stored in the body. The prior work of Voll and Morell was coming full circle; BIT and bio-resonance therapy were enhancements in a continuum of knowledge, all pointing in the same direction. Hans Bridgeman concluded:

"The view imposed on us by the Age of Newton, that the human organism is put together out of parts like a machine which perform their work independently of each other is no longer tenable."

He continues, *"The idea can be quickly outlined: all diseases and their preconditions are accompanied, or to be more correct, caused by electromagnetic oscillations. There is no pathological phenomenon without the presence of pathological oscillations in or around the body."* Additionally, Dr. Gerd Hamer discovered that all pathology has a unique underlayment that is a priori to the dysregulation within and that except for extreme toxicity or nutrient deficiencies, the body's energetic permutations were all purposeful in the processes of self-healing.

The bold claims of Bridgeman only served to confirm what was also being proposed by his counterparts in the Western hemisphere. Researchers and scientists worldwide began to agree: the Age of Newton was history, and promising new frontiers of healing were emerging.

The message was clear: the body is complex in its intricacies, yet its process of communication is direct and simple. It is based on energy. Einstein said, "Everything is energy—that's all there is to it."

We have moved beyond the brink of the mechanical view. We are finding ways to extract the body's wisdom, which it willingly gives if we are open to employing effective mechanisms and tools to develop new ways of understanding.

CLINICAL USE IN MEDICINE

Electrodermal devices now provide valuable applications in medical diagnosis. The clinical studies of Michael J. Aminoff, M.D. and Douglas S. Goodin, M.D. on Event-Related (Endogenous) Potentials demonstrate the role of computerized scanning devices in both the diagnosis and prognosis for patients with neurological diseases.

Through a process that compares "stimulus-related" or "exogenous" responses versus "event-related" or "endogenous" potentials (ERPs), valuable clinical information is obtained.

For example:

"By recording ERP's Event-Related Potentials in a group of patients with clinically definite Huntington's disease, Goodin and Ammoff were able to demonstrate clear electrophysiologic differences not only between the cortical and subcortical dementias but within the subcortical group as well."

"These findings provide direct evidence that different subtypes of dementia exist, and that electrophysiologic techniques may, in the future, prove useful both for diagnostic purposes and for selecting homogenous patient populations for clinical trials."

The potential for these applications is astonishing! According to Goodin and Aminoff, "ERP's...may also be useful in identifying individuals with HIV infection who are at risk of developing more serious manifestations of HIV infection and perhaps in need of special treatments." In other words, electrophysiological equipment acts as a prognosticator and, in a sense, uses markers given by the body that allow us to look into the future for that particular patient.



Lee G. Woolley

Sophisticated and comprehensive computer feedback systems have evolved. The SpectraVision developed by Lee Woolley at New Human uses a multi-channel scanning process to test the body's energy system for more than 3,000 substance signatures in less than four minutes. These substances run the gamut of known stressors—environmental toxins, nutrients and foods, emotional traumas, and more— that are potential blocks to the flow of vital body energy.

The future for electrophysiologic devices is indeed very bright. Aminoff and Goodin conclude:

"...the recording of ERP's in clinical contexts has generally been rewarding, and it seems likely that these potentials will continue to be used in the evaluation of patients who have or are at risk of having dementia disorders-both as an aid in the diagnosis and management of patients and as a guide to prognosis."

THE FUTURE OF BIONETICS IS BRIGHT!

Dr. Richard Gerber's (Vibrational Medicine) predictions of 1988 are well into the process of fulfillment:

"The ability to change the mechanistic viewpoint of present and future physicians will depend upon the development of instrumentation which can extend our physical senses to perceive the subtle energies of this invisible realm."

Current research has finally acknowledged these subtle energies and the instrumentation of which Gerber speaks that goes beyond the scope of the Newtonian law exists. Split-second microprocessors and sophisticated electronics provide the technology that, when applied to the concepts of our forefathers, offer unlimited capabilities to explore and mark the human body without surgery or x-ray. The works and visions of Albert Einstein and his understanding of physics and energy have provided a blueprint for infinite options.



We are indeed on the threshold of interpreting the true potential of the body's innate ability to heal itself. The wisdom and genius of those that preceded and those that follow will, no doubt, serve to facilitate this potential if we are but willing.

Afterword:

Dr. Gerber searched for such a technology. He finally discovered that it existed during the final year of publishing his book, and he recommended this technology in the last few pages of Vibrational Medicine. That technology was then known as the BodyScan, developed by Lee and Spencer Woolley. It is now available in its third iteration, known as the SpectraVision Insight, which is being offered by The New Human.

BIBLIOGRAPHY

- Brown, Barbara B., PhD., *New Mind, New Body: Bio-Feedback: New Directions for the Mind*, New York, 1974.
- Brown, Barbara B., Ph.D., *Between Health and Illness, New Notions on Stress and the Nature of Well Being* New York, 1979.
- Briigemann, Hans (ed.), *Bioresonance and Multi-Resonance Therapy (BRT)*, Vol. 1, Heidelberg, Germany, 1990.
- Burr, Harold Saxton, PhD., *Blueprint for Immortality: The Electric Patterns of Life*, Essex, England, 1972.
- Goodin, Douglas S., M.D., "Event-Related (Endogenous) Potentials," *Electrodiagnosis in Clinical Neurology*, Michael J. Aminoff, M.D. (ed.), 1992
- Green, Elmer, PhD., and Green, Alyce, MA., *Beyond Biofeedback*, Ft. Wayne, Indiana, 1977.
- Gerber, Richard, PhD., *Vibrational Medicine: New Choices for Healing Ourselves*, Santa Fe, New Mexico, 1988 and 1996.
- Jahn, Robert G, Brenda J, Duune, *Consciousness and the Source of Reality: The PEAR Odyssey*. Princeton NJ, 2011.
- Kohler, Bodo, M.D., and Ludwig, Wolfgang, M.D., "Biophysical Information Therapy: The Evolution of Subtle Energy Medicine," Freiburg, Germany.
- Martin, Paul, PhD., *The Healing Mind: The Vital Links Between Brain and Behavior, Immunity, and Disease*, New York, NY 1997.
- Nordstrom Bjorn, MD, *Biologically Closed Electrical Circuits*. Norway 1999.
- Pert Candace Ph.D., *Molecules of Emotion*
- Selye, Hans, M.D., *The Stress of Life*, New York, NY, 1984.
- Woolley, Lee G., DNM, *Mindscapes*, Colorado Springs, CO 2000.
- Woolley, Spencer G., *Phazx Systems* Colorado Springs, CO 1993-2000.

For more information, read the following books:

Bioenergetic Medicines-East and West – Clark A Manning / Louis Vanrenen

Mindscales: Mapping and Measuring the Mind – Dr. Lee Woolley (available on Amazon)

Vibrational Medicine – Dr. M. Gerber (available on Amazon)

The Field – Lynn Taggart (available on Amazon)