

To Turn On the Wellness Pro +

- 1) Plug in the unit using the wall adapter provided with the Wellness Pro+.
- 2) Press and hold the POWER button until READY appears on the screen (3-5 seconds).
- 3) Insert the thick, gray main cable, **into the GOLD port on either side of the unit**. There is a **RED DOT** at the top of the cable connector. **DON'T TWIST THIS CABLE CONNECTOR TO GET IT TO FIT PROPERLY!** Align the red dots and gently push inward until it fully seats. It should click. Remember **GOLD PORT ONLY!**
- 4) You may want to put a band aide over the "Blue Port" that are behind gold ports, so you won't accidentally plug cables into them. Those ports are for future/unreleased attachments.
- 5) On the other end of the main cable is a four junction (quad) wire connector. Insert 2 Treatment Cables: Matching Color Pairs: Black/Black or Gray/Gray. DO NOT MIX N MATCH.
- 6) Attach whatever conductive mediums* to the treatment cable ends: *be sure to wipe the skin with a cleaning swab, for the areas you need to treat ...**cylinders, pads, gel electrodes.
- 7) You can use Side A and Side B simultaneously.
- 8) View Electrode placement:
 - a. Warning DO NOT PLACE OVER THE HEART.
 - b. Warning DO NOT PLACE OVER THE SPINE.
 - c. Warning DO NO PLACE ELECTRODES OVER THE EARS OR CROSSING THE BRAIN.
- 9) View the manual on how to activate ANY auto code.
- 10) Use the YELLOW screen Auto Codes for Pain protocols..
- 11) EVERY THREE MINUTES THE SENSITIVITY DIAL DROPS TO ZERO AND THEN RAMPS UP BETWEEN EACH THREE MINUTE "TREATMENT" FOR EACH FREQUENCY. This process protects from over stimulation the skin when the frequency is lower than 400 HZ. Higher Frequencies may NOT BE FELT REGARDLESS OF HOW FAR YOU TURN UP THE DIAL.
- 12) THE DROP-DOWN FEATURE CAN BE BYPASSED. SEE MANUAL FOR INSTRUCTIONS ON TURNING OFF THIS FEATURE.
- 13) Please refer to the WAIVER FORM when removing the Drop Down feature. This is found in your user manual.
- 14) For further education, please review all of the videos on-line at the Energetic Wellness School of Naturopathy .