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Makeup & Nail Polish

The key to finding truly natural cosmetics is looking for products free of paraben, FD&C colors and petrochemicals. This would include non-petroleum, nontoxic, chemical-free (such as formaldehyde) products.

- Searching for organic makeup has been a challenge
 I have found a wonderful mascara called Mineral
 Fusion, a volumizing mascara that really works
 A lip liner by Gabriel Cosmetics
 Lipstick by Honeybee Gardens
 Most natural cosmetic companies offer nontoxic nail
 polish. I bring my nail polish with me if 1 go to a salon.
 Most health-food stores have a good selection. Do your
 research first before purchasing—it will save you time
 and money.

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Nature's Plus Natural Beauty Cleansing Bar

- Works for my face, body, and hair
 Free of soap and the harsh, irritating ingredients found
 in soap, such as caustic soda, lye, tallow,
 hexachlorophene, and alkalis
 Made from natural, organic ingredients
 Humectants and emollients are used to help maintain
 the skin's delicate moisture balance and to soothe
 irritated skin's
- irritated skin
- Irritated skin
 500 IU of vitamin E and the special astringent and
 healing qualities of allantoin
 In a mildly acidic base (4.5 pH) to help maintain the
 body's normal acid mantle

48 Day

Coconut Oils



Tropical Traditions Gold Label® Virgin Coconut Oil

- Used for Cooking

 Amazing lotion /moisturizer

 Unrefined coconut oil

 Organic coconuts are used within 24–48 hours of
 harvest

 They originate from small, family farms in Philippines

- Expeller-Pressed Coconut Oils

 Use in cooking when I don't want the dish to have a coconut flavor

 The control of the control
- High-quality refined coconut oil.
 This oil is also *not* hydrogenated and contains *no* trans
- fatty acids
 Goes through a steam deodorizing process which
 makes the taste very bland, unlike Virgin Coconut Oil
 which retains the odor and taste of fresh coconuts



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Tropical Traditions



Lavender Moisturizing Lotion &

Baby Silk Moisturizing Lotion
Tropical Traditions Moisturizing Lotions soothe the skin

without harming the body.

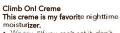
Tropical Traditions Coconut Oil Deodorants Tropical Traditions Coconut Oil Deodorants are

chemical-free, paraben-free, and aluminum-free deodorant roll-ons made from the organic Gold Label Virgin Coconut Oil as their base

Your underarms are one of the most sensitive and absorbent areas of your body, so don't put harmful chemicals into your body through antiperspirants or harmful deodorants!

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Climb On!



- We say, "If you can't eat it, don't put it on your skin."
 Climb On! Creme is 100% pure and free from any fillers or
- synthetics Only food-grade base ingredients and therapeuticgrade essential oils
- are used Climb On! Creme is one of the most fabulous, multipurpose products on this planet. It is a deep moisturizer and acts like food for your skin.



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- Climb Onl Lip Tube

 This minty balm is made from peppermint essential oil
 The aromatherapeutic value is one that stimulates the mind and focuses concentration.
 It can be used to moisturize skin after un exposure, for wind-burned cheeks, dry cuticles, or tissue nose
 And it is great for mosquito bites—just a dab and the itchiness seems to disappear
 Use it under lipstick to prolong your color

- Use it under lipstick to prolong your color
 Rub it on your temples if you have a headache.

 The smell of peppermint essential oil is said to stimulate and refresh.







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Climb On!





SPF 30 Mineral Sunscreen

- ClimbOn! sunscreen is good enough for humans, the environment, and animals
- The FDA-approved sunscreen agent in this product is the non-nano zinc oxide
- Every ingredient used in this formulation is considered a sunscreen
- If you are going to be out in the sun all day and feel the need to use sunscreen, this is the only one that I personally recommend.
- · You can also use a combination of coconut oil and Climb On! Crème to give you an SPF of about 6–8.

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Alba Botanica Un-Petroleum Multi-Purpose Jelly



The Un-Petroleum Jelly was a wonderful find when I was looking to replace Vaseline to remove eye makeup. Beeswax, moisture-rich coconut oil, and soothing, protective vitamin E, makes this natural, non-petroleum jelly perfect as an all-over body moisturizer to soothe skin and protect against irritation.



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Body Brush



- Assists the lymph to move impurities out of your body.
 Daily skin brushing also helps rejuvenate the nervous system combat cellulite by visibly improving the skin's texture, and sweep away dead skin cells
 The gentle sweeping of the brush actually renews your cells!

Brush upwards from the soles of your feet to your groin and inward from your palms to your underarms. Avoid sensitive areas.

Blood circulates through your body by the heart's pumping. As impurities are purged, they are deposited into the lymph; the layer just under your skin. The lymph, itself, has no internal pump to move waste out of your system (as perspiration) and is only stimulated by exercise and brushing. Lumps and hard knots in your groin or underarm areas are sometimes just impurities that have not made their way out of your system.

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Cleaning Products





Seventh Generation
Established in 1988, this company offers a complete line of natural household products designed to work as well as their traditional counterparts, but use renewable, nontoxic, phosphate-free, and biodegradable ingredients as often as possible, and are never tested on animals.

EcoverThe company is over 30 years old, which means they have had time to refine their products to produce refreshingly safe and effective cleaners for every corner of your home.

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